

Authentic Leadership and Personal Enhancement Programme for Senior Managers

Target Audience: A peer group of middle and/or senior managers, typically Heads of functions in the organisation. This would typically be a 3-5 day residential programme at a location away from the managers' offices.

Key Learning Outcomes

- Take time out to reflect on your leadership role in the organisation.
- Use the opportunity to challenge personal and team effectiveness.
- Learn and practice techniques to enhance your people leadership effectiveness and your personal effectiveness.
- Build relationships with your peer group in a fun, constructive and engaging environment.
- Engage with your peers in discussion about common challenges, different perspectives and the road ahead.
- Benefit from 1:1 coaching with an experienced senior coach.

Course Experience

- ✓ Latest leadership insights from top business schools
- ✓ Team discussions
- ✓ Self assessment
- ✓ Film clips
- ✓ Strategy mapping and business problem solving
- ✓ Team building
- ✓ Personal action planning

This is a **bespoke leadership programme** created from our portfolio of courses in the Leadership and Management series and the Personal Enhancement series. A **typical Agenda** for a 3day programme would be as follows:

DAY 1

08.30 – 09.00 Arrival & Registration
09.00 – 10.30 Module 1: The Leader within
10.30 – 10.45 Break
10.45 – 12.30 Module 2: Purposeful Leadership
12.30 – 13.30 Lunch
13.30 – 15.00 Team Exercise
15.00 – 15.15 Break
15.15 – 17.30 1:1 Coaching for some participants; free format afternoon for the rest
19.00 – 19.30 Pre-dinner talk topic

DAY 2

09.00 – 10.30 Module 3: Leading with Emotional Intelligence
10.30 – 10.45 Break
10.45 – 12.30 Module 4: Motivating and Energising Others
12.30 – 13.30 Lunch
13.30 – 15.00 Module 5
15.00 – 15.15 Break
15.15 – 17.30 1:1 Coaching for some participants; free format afternoon for the rest
19.30 Dinner

DAY 3

09.00 – 10.30 Module 6: Personal Brand Management
10.30 – 10.45 Break
10.45 – 12.30 Module 7: Techniques for Making an Impact
12.30 – 13.30 Lunch
13.30 – 15.00 Module 8: In Search of Excellence
15.00 – 15.15 Break
15.15 – 16.00 Summary of Actions, Where to From Here, Closing Remarks

Pre-Course Work: Completion of Pre-Course Questionnaire and Emotional Intelligence Assessment

Course Material: Includes facilitator's slides, exercise worksheets, background reading/articles and recommended books

Ideal Number of Participants: 9

Maximum: 15

Minimum: 4